



TAISO September 2023 Welcome Newsnote



Welcome or welcome back to TAISO!

We are so excited to see everyone once again!
A few things parents & gymnasts should know:

- ❖ TAISO's 12-week Term 1 programs start Monday, September 11th and tumbles along until Sunday, December 3rd.
- ❖ **TAISO's Term 1 Calendar** is attached and although we do email notices, this calendar states ~ term end dates, registration dates and closings that you should be made aware of. All information can be found on TAISO's website.
- ❖ **Term 1 Optional Fundraiser** - TBD - More information will be sent out mid-late September.
- ❖ **Monthly Optional Fundraiser** - TAISO has teamed up with Sport Nova Scotia and the Sport Split 50/50 online monthly raffle draws! Tickets are on sale now at: <https://sportsplit.5050central.com/?olc=TAISOGymnasticsTrainingCentre>
- ❖ **TAISO Pro Shop** ~ is now open once again. To book an appointment for viewing 2nd hand gym suits, please send us an email.
- ❖ TAISO has a clothing store – click the link and check out the items – t-shirts, hoodies, pj's and more!
<http://taiso.pmgpromotions.com/>
- ❖ **TAISO PARKING**



- **The first 3 parking spots are for small vehicles only.** When larger vehicles ie. Large cars, vans, trucks, SUV's are parked in these spots, it makes it very difficult for others to enter our parking lot.
- TAISO has an Accessible parking spot – reserved for those who have a disabled / handicapped parking permit. It is located in the top parking lot, 7th spot in, next to the ramp access.

There are a few key points that we want to highlight to ensure a safe and organized return.

❖ GYM ENTRY

- **Only registered gymnasts & staff are permitted inside the gym**, with the exception of TAISO's Parent 'n Tot classes, where 1 adult per child is required.
- Children / Parents may enter the facility 10 minutes prior to class time.
- ❖ Upon entry into the building, each child will be asked to remove their shoes in the foyer, place their belongings in a cubby and wait in the kitchen area until class begins. Parents of younger children should wait in the kitchen with the child.
- ❖ **The upstairs mezzanine area** is for viewing should you desire to do so, but **IT IS A QUIET ZONE** – We do ask that everyone remains seated while upstairs, be considerate of each other & keep the noise level to a minimum. You are above our offices, and it can be very loud for staff below. If siblings or other children are here and are not watching classes, please leave the front row of seats for parents or other adults who want to watch the class.
- ❖ If you have never used our viewing area – you will find the stairs through the kitchen (to the right of our foyer). No shoes are allowed beyond the foyer, please leave your shoes in a cubbie in the foyer. If you need to use the washroom during your visit, they are located inside the gym – Women's under the big digital clock, Men's under the tall trophies.
- ❖ We highly recommend each child:
 - **Bring their own water bottle.**
- ❖ **DRESS CODE** - Shorts/sweatpants and T-shirt or a gymsuit, must be worn. Please do not wear tank tops with spaghetti straps or crop tops. As well NO jewellery, zippers or belts. It is best for hair to be tied back. Barefeet is preferred, however, gym slippers are acceptable.
- ❖ We have very limited office hours, if you need to contact us, please do so via email. We will get back to you within 2-3 business days.
- ❖ TAISO strives to provide a **fun learning environment**. In order to fulfill this commitment, we ask that all children abide by basic behavioral guidelines. Our instructors are trained to direct the energy and excitement that the program generates, and expectations are set for appropriate conduct. School Policy of Zero Tolerance is adopted by TAISO and if needed, a child may be removed from a class for the day.

~ IMPORTANT DATES TO REMEMBER:

- Sat, Sept 30th – National Day of Truth & Reconciliation – All Classes cancelled (Rescheduled)
- Mon Oct 9th – Thanksgiving – All Class Cancelled (Rescheduled)
- Tue, Oct 31st – All Classes beginning after 3pm are cancelled (Rescheduled)
- Sat, Nov 11th – Remembrance Day ~ All morning classes cancelled
~ All afternoon classes will be held as usual
- Mon, Nov 27th – Sun, Dec 3rd – Term End
- Mon, Dec 4th – Sun Dec 10th – Admin Break – only rescheduled classes will be held
- More Important Dates can be found on the Term 1 calendar



If you have any questions or concerns, please email us at the address below.