



TAISO April 2024 Welcome Newsnote

Welcome to TAISO's Spring Term!
We are looking forward to an amazing gymnastics season!



- ❖ TAISO's 12-week Term 1 program starts Monday, April 1st and tumbles along until Sunday, June 23rd.
- ❖ **TAISO's Term 3 Calendar** is attached and although we do email notices, this calendar states ~ term end dates, registration dates and closings that you should be made aware of. All information can be found on TAISO's website.
- ❖ **Monthly Optional Fundraiser** - TAISO has teamed up with Sport Nova Scotia and the Rafflebox (Sport Split) 50/50 online monthly raffle draws! Tickets are on sale now at: <https://www.rafflebox.ca/raffle/sportns/131>
- ❖ **TAISO Pro Shop** ~ is now open. To book an appointment for viewing 2nd hand gym suits, please send us an email.
- ❖ TAISO has a clothing store – click the link and check out the items – t-shirts, hoodies, pj's and more!
<https://pmsgsw.com/Taiso-Gymnastics-c105765003>
- ❖ **TAISO PARKING**



- **The first 3 parking spots are for small vehicles only.** When larger vehicles ie. Large cars, vans, trucks, SUV's are parked in these spots, it makes it very difficult for others to enter our parking lot.
- TAISO has an Accessible parking spot – reserved for those who have a disabled / handicapped parking permit. It is located in the top parking lot, 7th spot in, next to the ramp access.
- **Hill leading up from Bingo / Rink Parking Lot** – cars are blocking the exit lane from the Bingo parking lot. Please do not park in this area, as this is a safety hazard.

There are a few key points that we want to highlight to ensure a safe and organized return.

- ❖ **GYM ENTRY**
 - **Only registered gymnasts & staff are permitted inside the gym**, with the exception of TAISO's Parent 'n Tot classes, where 1 adult per child is required.
 - Children / Parents may enter the facility 10 minutes prior to class time.
- ❖ Upon entry into the building, each child will be asked to remove their shoes in the foyer, place their belongings in a cubby and wait in the kitchen area until class begins.
- ❖ **The upstairs mezzanine area** is for viewing should you desire to do so, but **IT IS A QUIET ZONE** – We do ask that everyone remains seated while upstairs, be considerate of each other & keep the noise level to a minimum. You are above our offices, and it can be very loud for staff below. If siblings or other children are here and are not watching classes, please leave the front row of seats for parents or other adults who want to watch the class.
- ❖ If you have never used our viewing area – you will find the stairs through the kitchen (to the right of our foyer). No shoes are allowed beyond the foyer, please leave your shoes in a cubbie in the foyer. If you need to use the washroom during your visit, they are located inside the gym – Women's under the big digital clock, Men's under the tall trophies.
- ❖ We highly recommend each child:
 - **Bring their own water bottle**, as the water fountain will not be in use at this time
- ❖ **DRESS CODE** ~ Shorts / sweatpants and T-shirt or a gymsuit, must be worn. **Please do not wear tank tops with spaghetti straps or bra / crop tops.** As well NO skirts / dresses, jewelry, zippers or belts. Long hair must be tied back & gymnasts should have bare feet.
- ❖ We have very limited office hours, if you need to contact us, please do so via email. We will get back to you within 2-3 business days.
- ❖ TAISO strives to provide a **fun learning environment**. In order to fulfill this commitment, we ask that all children abide by basic behavioral guidelines. Our instructors are trained to direct the energy and excitement that the program generates, and expectations are set for appropriate conduct. School Policy of Zero Tolerance is adopted by TAISO and if needed, a child may be removed from a class for the day.

~ IMPORTANT DATES TO REMEMBER:

- Wed May 1st – Summer Registration Begins ~ Summer Programs & Camps
- Mon May 20th – Victoria Day ~ All Classes Held As Per Usual
- Mon June 17th – Sun June 23rd – Term End

~ Coach News

- ❖ We are excited to be welcoming 2 new apprentices ~ Jane Langille & Kensi Wootton.
- ❖ Please note ~ there may be staff changes in the coming weeks / months for your child's class, due to upcoming competitions.



~ Competition News

- ❖ Best of luck to TAISO competitive gymnasts competing this weekend at the 2024 Provincial Championships, held at Titans Gymnastics in Dartmouth. Spectators are welcome to come & watch!

If you have any questions or concerns, please email us at the address below.

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